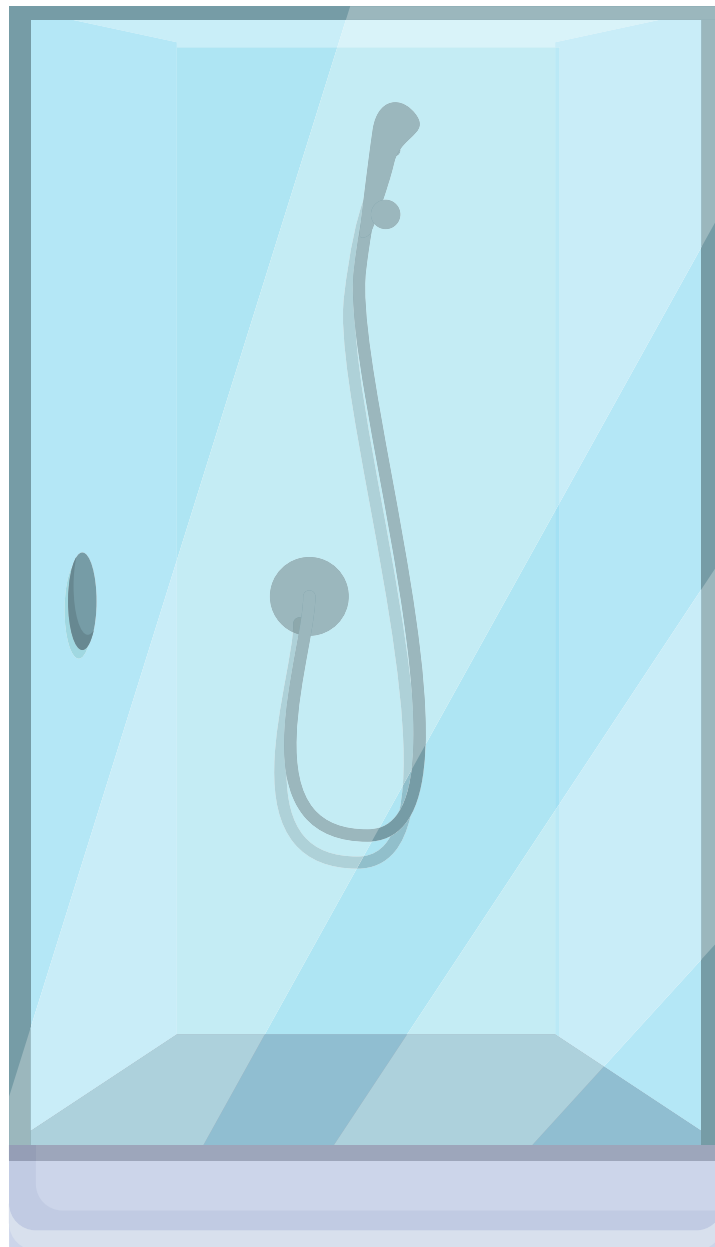
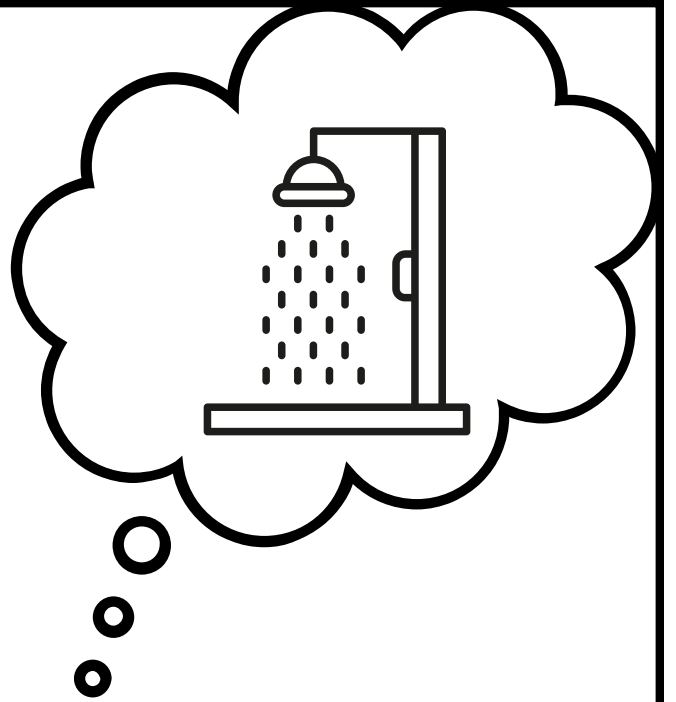


Taking a Shower

A Social Story

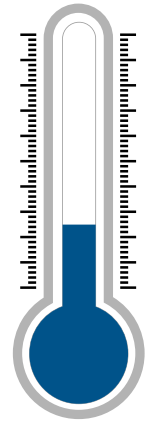
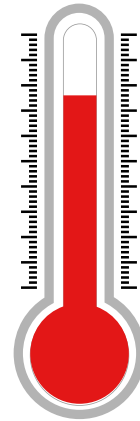




In order to stay healthy, I need to keep my body clean.



I will turn on the water.



I will make sure the
temperature is not too hot or
too cold.



I will undress and get into the
shower.



I will put shampoo in my hand.



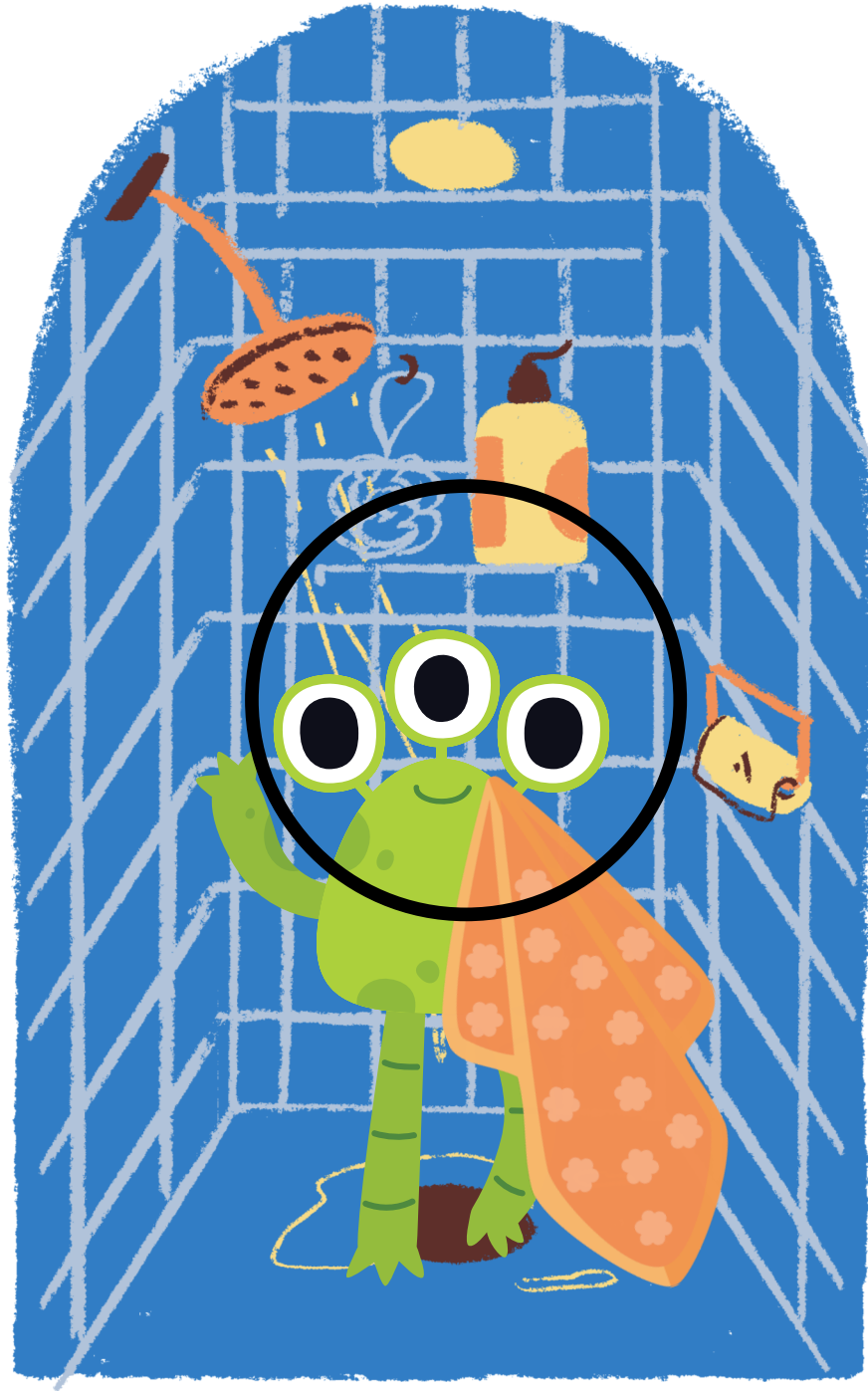
I will wash my head and hair.



Then I will rinse the shampoo
out of my hair.



I will put soap on my
washcloth.



First, I will wash my face.



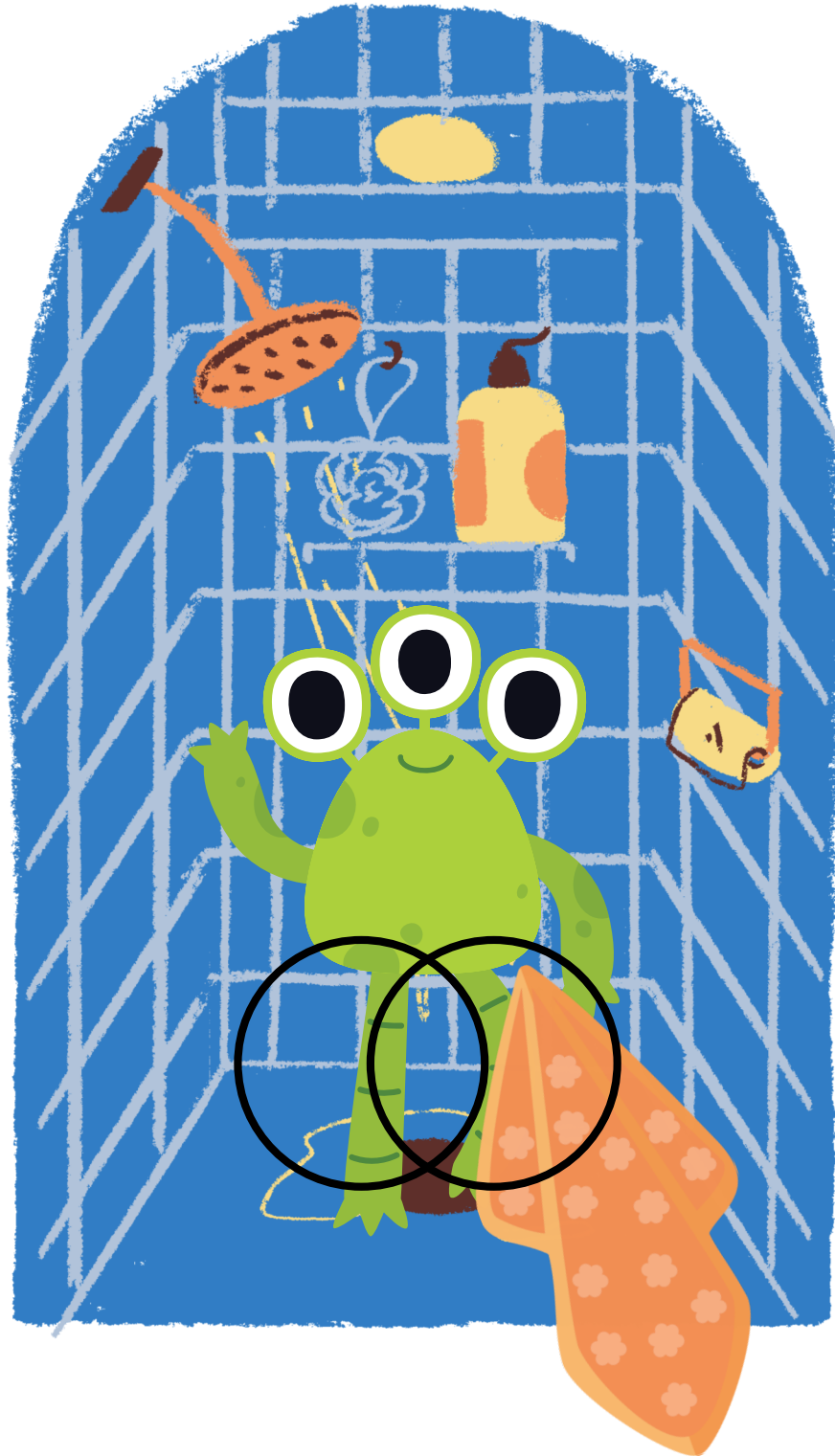
Then, I will wash my neck and chest.



Then, I will wash my arms and
hands.



Don't forget to wash under
your arms! We don't want to
be stinky!



Next, I will wash my legs and feet.



Then, I will wash my private
area.



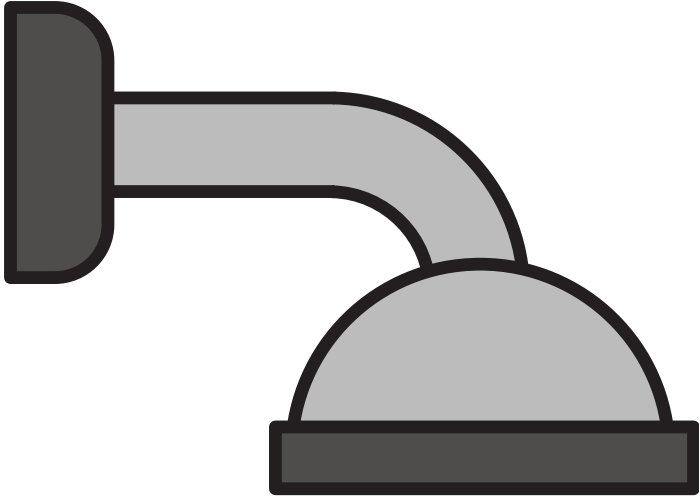
Then, I will wash my back.



Then, I will wash my bottom.



Then, I will rinse the soap off
my body.



Then, I will turn off the water.



Next, I will dry myself with a towel.



Finally, I will get dressed.



It feels good to be clean!
The end.

Thank You!

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