

## My Physical Therapy Appointment







My physical therapist will help me to be healthy and strong.





My physical therapist may ask me to walk, jump, run, or throw a ball.





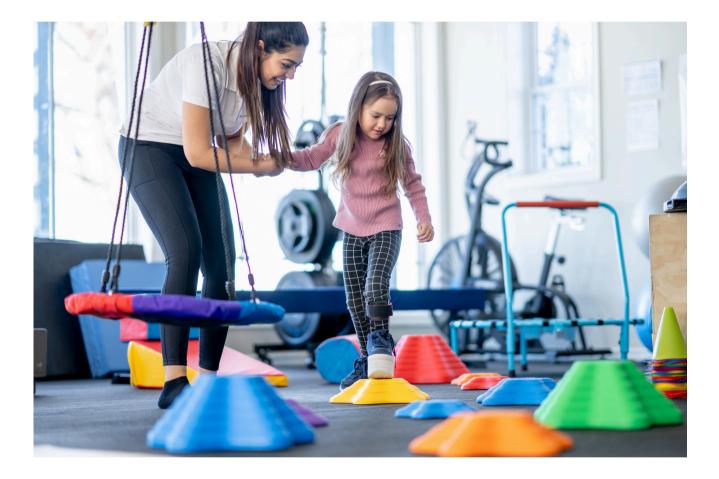
## I may sit on a bouncy ball or balance beam to practice my balance.





I may play with blocks to make my hands stronger.





I may get to play with obstacle courses to build my strength and skills. (





## Sometimes we may play on swings.





We may play games to learn how to take turns and how to play with others.





My therapist and I may even have dance party to work on my coordination.





I look forward to the fun things I am going to learn with my physical therapist!





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